

Want to try something new

**FREE
TASTERS
FREESTYLE
Wrestling**

REGARDLESS OF SEX OR AGE

Classes Run **Every Tuesday**

6pm - 7.15pm under 15 &

7.30pm - 9pm over 15

Rustington Youth Centre

Woodlands Avenue, Rustington

BN16 3HB

Interested? Turn up on the day

GIVE IT A TRY